

# Balanced Bodywork Therapy of Annapolis (BBTOA)

## *COVID-19 Procedures and Expectations*

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September 30<sup>th</sup>, 2020

Dear patients:

First, please be assured that the health and safety of all patients is our top priority. Given that this virus pandemic is ever-changing, and each week will look different, we will be taking a week-by-week approach to what we are able to provide to our patients.

For the upcoming weeks, procedures and expectations will be adjusted to accommodate required social distancing while still being open to meet ongoing patient-care needs. While stringent infection control protocol in the office and treatment room areas have always been observed, additional measures will be implemented that we are asking all our patients to observe, including:

1. Please call to reschedule if you have any flu-like symptoms, traveled by air or cruise in the last 2 weeks, have been in close contact with someone diagnosed with COVID-19 and/or are medically compromised (high-risk to contract virus).
2. Please do not bring siblings, friends, or relatives who do not have a scheduled appointment. Only scheduled patients will be allowed in the office and treatment room areas.
3. **Upon arrival for your appointment, we are asking patients to stay in their car, and send a text to let us know you have arrived. A follow-up text/reply will be sent to indicate when we are ready for you to enter the office.**
4. We will take your temperature upon coming into the office (It must be no higher than 99.3 to receive treatment) and we ask that you immediately wash your hands prior to going into the treatment room.

We recognize that this is a time filled with uncertainties for everyone and we want to assure you of our commitment to provide you with the patient care you depend on. We promise to keep you updated through this dynamic situation and we look forward to working with you!

Thank you for your time and consideration,

*Alex Robertson*

**Balanced Bodywork Therapy of Annapolis**

115 Annapolis Street  
Annapolis, Maryland 21401

[bbtoa@yahoo.com](mailto:bbtoa@yahoo.com)

410-279-8725